



MOTHERS
WHO CARE

A MINISTRY OF CAMPUS CRUSADE FOR CHRIST

Prayer Manual

*A guide for mothers desiring to
pray effectively for their children
and their schools*

Table of contents

Introduction	1
Goals	2
How to start a Mothers Who Care Group	3
Meeting Guidelines	.4
Flow of the Meeting	5
Suggested Prayer Points	6
Suggested Prayer Points Continued	7
Praying for Christian Children and Staff & School	8
Praying for those who need Jesus	9
Prayer Walk	10-11
How to Approach a Principal to start a new group	12
Praise Scriptures	13
Praise Scripture Continued	14
What Principals and Teachers are Saying	15
Encouraging the Teachers and Administrators	16
Responsibilities of Group Leaders	17-18
Four Spiritual Laws	19
Conclusion	20

Introduction

In fall of 1984, a number of mothers with teenagers in a Canadian school were concerned about the negative influences their children were facing. Convinced about the power of prayer, they began interceding for their children and the school environment.

As God did miraculous things in answer to prayer, the vision was born to have an intercessory prayer group for every school in Canada. The vision spread to the United States as well. Today, there is a network of praying mothers across the continent. New groups are also forming around the world!

Initially called Moms in Touch, the strategy is now known as Mothers Who Care, a name that not only translates better into foreign languages but more clearly communicates the heartbeat of this intercessory prayer ministry.

In 1990 Mary-Jean and John Tempelhoff moved to South Africa from Canada. Mary-Jean, in 1994 gathered a group of moms and this began Mothers Who Care South Africa. We now have groups in many parts of our nation.

God is raising up women worldwide who are willing to 'stand in the gap' for their children and the schools they attend. The Mothers Who Care prayer manual is written for those women who have this calling. Inside you will find helpful guidelines and suggestions for starting a Mothers Who Care group in your community. As you begin to pray, ask God to lead you to others who can join you. Actively trust Him. Be filled with His Spirit. God will use you in a dynamic way!

Goals

Mothers Who Care have the following goals:

1. To be a ministry that is Bible based which is Christ Centered, Holy Spirit Inspired and a heart for the Kingdom of God.
2. To keep the presence of Christ in the school environment by releasing the Holy Spirit through prayer, so that children receive Jesus Christ as their personal Lord and Saviour.
3. To uplift situations and individuals (students and teachers) into God's presence for supernatural Healing and intervention through prayer.
4. To pray for Christian teachers and other staff in all schools.
5. To pray for high moral standards and biblical perspectives to be upheld in our schools.
6. To pray for opportunities to be a positive and supportive influence to all in our schools.
7. To pray that every school in the country would have a Mothers Who Care group.

The Mothers Who Care mandate does not include lobbying, protesting or pressuring, regardless of the worthy cause. Participation in issues of concern must be done on an individual basis, and cannot be done in conjunction with the name "Mothers Who Care".

How to start

a Mothers who care group

You can begin your own Mothers Who Care group in your community. The following explains how:

1. Contact the School Principal for permission to pray at the school. Should permission be declined please withdraw and pray for an open door.
2. Pray for other moms who also feel called of God to this ministry of intercession, and choose a day/time that is appropriate for you and the school.
3. As you begin to pray together, think of other Christian mothers you know at the school and ask them to pray about joining your prayer time.
4. Follow the Mothers Who Care prayer guidelines.
5. Focus on God and make sure you are guided by the Holy Spirit, trusting God for answers to prayer, and anticipating great things.
6. Ask the school for a quiet room or space where you can meet to pray.
7. Make sure the area-coordinator has all relevant contact details of those in your group.

*NB. Matthew 18 v 20 says, "Where two or three come together in my Name, I am there among them."

"The Holy Spirit displays God's power through each of us as a Means of helping the entire church." 1 Corinthians 12 v 7

Meeting Guideline

1. Come as you are.
2. Your weekly meetings should be about one hour. Be led of the Holy Spirit. Be real and be sensitive to the prayer needs of those in your circle.
3. Start and finish on time. If some mothers care to stay longer for fellowship and sharing, they should do so following the prayer time.
4. Appoint a leader, someone who will liaise with the Principal and MWC Area Coordinator. If necessary, also appoint a person to keep records of prayers and contact details of group members.
5. If possible, announce yourself at the school when you arrive – this builds relationships.
6. At the onset collect prayer requests from the school, this can be done either through a book or prayer box.
7. Feel free to worship in song, if appropriate. Respecting the schools need for quietness if you are in an office area or near classrooms.
8. This prayer time should be inclusive giving each member an opportunity to participate.
9. Do not allow the discussion of prayer requests to become more important than the prayer themselves.
10. Confidentiality is of utmost importance. No-one should discuss prayer requests outside the group.

"Now we can come fearlessly right into God's Presence, assured of His glad welcome when we come with Christ and trust in Him"

Ephesians 3 v 12

Flow of the Meeting

When you meet it is helpful to use an outline like the ACTS (Adoration, Confession, Thanksgiving, Supplication)

Keep in mind the following:

1. Talk to God as you would to a friend. Your desire is to share with God the concerns of the school.
2. Avoid making a 'prayer speech' or 'preaching' at others during prayer.
No one should monopolise the time.

As your group becomes more familiar with praying in one accord, you will experience a spirit of power and unity.

- The beginning of the meeting should be a time of adoration and praise. "Enter His gates with thanksgiving and His courts with Praise"
- Take a few moments silently to consider anything that God brings to mind which needs to be dealt with between you and Him.
- **Ask God to fill you with His Holy Spirit.**
- Another important aspect of a Mothers Who Care meeting is thanking God for answered prayers. 1 Thessalonians 5v18 exhorts "In everything give thanks, for this is the will of God in Christ Jesus concerning you."
- Now we come to God to intercede for our children and their schools.
- Gain God's perspective on the matter, through being reminded of a scripture, hearing Him speak or seeing a vision, and then praying that into being.
- Asking Our Heavenly Father what He wants, so that we can come into agreement with His plans and heart for the situation."
- Thus fulfilling the declaration in the Lord's Prayer 'Let your Kingdom come on earth as it is in heaven'.

Suggested Prayer Points

Your intercession can include...

1. Prayer requests. [Pray in line with scripture – discern with Holy Spirit.] Not every situation is necessarily bad – it may be an opportunity for folk to know Jesus in a deeper way]. Ask Father to reveal Himself to those who who are going through challenges.
2. The needs of the children.
3. For Christian teachers. For guidance, protection, wisdom and discernment.
4. All staff and administrators.
5. Department of Education and related issues.
6. God's wisdom for us to be a positive support to the school [Birthdays/ Teacher's Teas or treats on Valentine's Day/Spring Day/Teacher's Day, etc].
7. The growth of the Mothers Who Care groups across the nation.

"Now glory be to God who by His mighty power at work within us is able to do far more than we would ever dare to ask or even dream of infinitely beyond our highest prayers, desires, thoughts or hopes."

Ephesians 3 v 20

Suggested Prayer Points Continued ...

1. Ask Jesus to highlight the things that are on His heart.
2. Pray for children of the group members.
3. Pray for safety in outings.
4. Pray for school occasions, events, sports day, prize day, etc.
5. Pray for the Principal and his/her family.
6. Pray for the Governing body, Parents Association.

Suggested Scriptures:

1 Chronicles 28 v 9
Proverbs 2
John 17 v 11, v 22, v 23
Romans 12 v 2
Ephesians 1 v 17-19
Ephesians 3 v 16 v 21
Ephesians 4 v 1, 2, 31, 32

Praying

for Christian Children and Staff

1. That they will be teachable and yet discerning.
2. They will establish wholesome friendships.
3. Their faith will be strengthened and reinforced, as they encounter God. Eg. In the face of peer pressure.
4. They will have wisdom in opposition and compassion in sharing.
5. Bold in their witness for Christ as they reflect God's character.
6. New believers at the school.
7. Pray that Christian Teachers would be wise with their use of time, know God's will, filled with the Holy Spirit and be a bold testimony in the work place.
8. Pray that they would Shine.

Suggestions to pray for the School

These can be adapted according to the school's needs.

1. Ask Jesus for His Presence in the school.
2. Pray that Christian parents will take an active role.
3. Pray for the counselling staff for high moral standards and Godly wisdom

*We need to pray for those who do not yet know Christ as their Saviour and Lord.
Romans 10v1 'Brothers my heart's desire and prayer to God for them is that they
may be saved.'*

Praying

for those who need Jesus

Here are some suggested Scriptures to use in praying for the lost:

Matthew 9 v 37-38

John 6 v 44

John 14 v 13

Romans 10 v 1

Romans 10 v 13-15

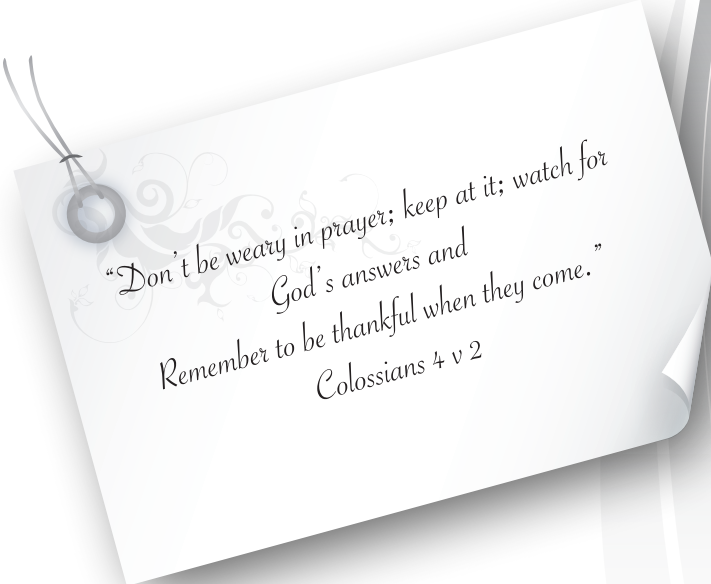
2 Corinthians 10 v 3-5

Ephesians 2 v 4-10

1 Timothy 2 v 4-6

2 Timothy 2 v 25-26

2 Peter 3 v 9



*"Don't be weary in prayer; keep at it; watch for
God's answers and
Remember to be thankful when they come."
Colossians 4 v 2*

Prayer Walk

This can be defined as - Praying on site with insight.

Joshua 1v3

I promised you what I promised Moses: "Wherever you set your foot, you will be on land I have given you -"

Definition of Prayer Walk: Praying on site with insight.

Using our physical and spiritual senses, asking the Lord to open our spiritual ears, eyes, smell, taste and feel senses to align with the Lord's heart.

While walking on the school property in our prayer groups, we ask Holy Spirit to show us what to pray for. God can use things in the the physical realm to prompt our mind to certain areas in the spiritual realm.

Our senses aligned with Our Father's heart can bring God's wisdom and revelation in establishing the Kingdom of God there. For example, we might sense a spirit of fear in an area where we walk and then by praying scriptures that proclaim freedom from darkness and oppression.

Isaiah 61

Mark 11v11

And He entered into Jerusalem, into the temple. And having looked-around-at everything, the hour being already late, He went out to Bethany with the twelve.

Mark 6v34

And having gone out, He saw a large crowd and felt-deep-feelings [of compassion] toward them because they were like sheep not having a shepherd. And He began to teach them many things.

Luke 13v12

And having seen her, Jesus called to her and said to her, "Woman, you have been released from your infirmity". 13 And He laid His hands on her. And at-once she was made-straight. And she was glorifying God.

These verses are just a few examples of how Jesus had compassion on the people.

Mark 10v14-16

2 Kings 6v20

As soon as he entered Samaria, Elisha said, "O Lord, open the eyes of these men, that they may see." So the Lord opened their eyes and they saw, and behold, they were in the midst of Samaria.

2 Kings 6v17

Then Elisha prayed and said, "O LORD,I pray, open his eyes that he may see." And the LORD opened the servant's eyes and he saw; and behold, the mountain was full of horses and chariots of fire all around Elisha.

Matt 13v15

For this people's heart has become calloused;they hardly hear with their ears, and they have closed their eyes.Otherwise they might see with their eyes, hear with their ears,understand with their heartsand turn, and I would heal them.

Matt 13v16

But blessed are your eyes because they see, and your ears because they hear. 17 For truly I tell you, many prophets and righteous people longed to see what you see but did not see it, and to hear what you hear but did not hear it.

Job 13v1

Look, I have seen all this with my own eyes and heard it with my own ears, and now I understand.

*Ephesians 6v18
And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord's people.*

How to approach a principal

to start a new group

1. Make an appointment to meet with the Principal.
2. Explain the Aims and the Goals of Mothers Who Care.
3. Ask for permission to run MWC in the school.
4. Ask for a venue at the school to pray in.
5. Give the Principal or the person he/she appoints a note-book in which they can write prayer requests.
6. Be clear that we are not there to teach or pray with children or staff, if the school does not PERMIT. AT ALL TIMES, respect the authority of the Principal and adhere to any boundary lines he/she might enforce. We need to understand that they will grow to trust and love us, as we sow into their environment with love, honor and respect.

We have seen that as a school begins to trust the Moms who pray, the group is invited to present a short message on a 'Christian Principle' in an assembly. This is by invitation only. Although this is not our goal, but should be seen as an opportunity to serve the school.

Praise Scriptures

Psalms 63 v 3-6

"Because Thy loving kindness is better than life, my lips will praise Thee. So I will bless Thee as long as I live; I will lift up my hands in Thy Name. My soul is satisfied as with marrow and fatness, and my mouth offers praises with joyful lips. When I remember Thee on my bed, I meditate on Thee in the night watches."

Psalms 116 v 12, 17

"What shall I render to the Lord for all His benefits toward me? To Thee I shall offer a sacrifice of thanksgiving, and call upon the name of the Lord."

1 Corinthians 15 v 57

"But thanks be to God, who gives us the victory through our Lord Jesus Christ."

Revelation 15 v 3b, 4a

"Great and marvellous are your deeds, Lord God almighty. Just and true are your ways, King of the ages. Who will not fear you, O Lord, and bring glory to your name? For you alone are holy." All nations will come and worship before you, for your righteous acts have been revealed.

Psalms 106 v 1

"Praise the Lord! Oh give thanks to the Lord, for He is good; for His lovingkindness is everlasting."

Psalms 107 v 8, 9

"Let them give thanks to the Lord for His loving kindness, and for His wonders to the sons of men! For He has satisfied the thirsty soul, and the hungry soul He has filled with what is good."

Jeremiah 32 v 17

"Ah, Sovereign Lord, you made the heavens and the earth by your great power and outstretched arm. Nothing is too hard for you."

Ephesians 3 v 20, 21

"Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us, to him be glory in the church and in Christ Jesus throughout all generations, for ever and ever! Amen."

Praise Scriptures *continued*

Deuteronomy 7 v 9

"Know therefore that the Lord your God He is God, the faithful God."



1 Chronicles 16 v 31, 34, 36

"Let the heavens be glad, and let the earth rejoice, and let them say among the nations, "The Lord reigns." O give thanks to the Lord, for He is good; for His loving kindness is everlasting. Blessed be the Lord, the God of Israel, from everlasting even to everlasting. Then all the people said, "Amen, and praise the Lord."



Psalm 34 v 1-3

"I bless the Lord at all times; His praise shall continually be in my mouth. My soul shall make it's boast in the Lord; the humble shall hear it and rejoice. O magnify the Lord with me, and let us exalt His name together."

Psalm 28 v 6, 7

"Blessed be the Lord, because He has heard the voice of my supplication. The Lord is my strength and my shield; my heart trusts in Him, and I am helped; therefore my heart exults, and with my song I shall thank Him."



1 Chronicles 29:11-12

"Yours, O Lord is the greatness and the power and the glory and the majesty and the splendour, for everything in heaven and earth is yours. Yours, O Lord, is the kingdom; you are exalted as head over all things. In your hands are strength and power to exalt and give strength to all. Now, our God, we give you thanks, and praise your glorious name."



Psalm 56 v 10-12

"In God whose word I praise, in the Lord, whose word I praise, in God I have put my trust, I shall not be afraid. What can man do to me? Thy vows are binding upon me, O God; I will render thank offerings to Thee."

What Principals and Teachers are saying

Dear Sonja

Thank you for the wonderful gift to our staff yesterday. Thank you especially for including every one of the staff.

It was a wonderful way to start the new term and I really appreciate the prayer support for this College.

There is still so much to be done but the pressures of that journey are made easier by the knowledge that your team is praying for us. Please pass on my grateful thanks to the whole team.

Yours Faithfully

Allen van Blerk
Principal
St Charles College

An excerpt from a
Teacher's Letter...

*To the Dear Mothers Who Pray
What would we do without you?
Your prayers are an integral part
of our school.
Sincere thanks to all of you. Keep
up the great work.*

Love From
Ann
Teacher in KZN

Testimony:

The importance of a prayer group in any school can hardly be put into words! I saw miracles of God's provision and involvement in the day to day needs and functioning of the school. The staff really needs this prayer support as they are the ones working with our most precious jewels, our children. . .

Hannelie
Secretary Eastern Cape School

*Dear Michelle
I really would like to thank all of you wonderful
moms who have faithfully prayed for me over the last
few months.
I am two thirds of the way through my journey -
with the chemo and the surgery now well behind me.
I will start radiation later on in July.
God has been very good to me and kept me healthy
during this time and I give Him all the praise and
glory for that.
I know that this is also a result of all the prayers
of faithful people like yourself who have brought me
before the Lord on a daily basis.
I am blessed indeed!*

Love
Anne

Encouraging the Teachers and Administrators

A great way to demonstrate your care and concerns for the school is to be involved in ministering to the teachers and administrative staff. Trust God to show you ways you can positively relate to your school. Be creative. Here are a few suggestions:

1. Contact the principal of the school and let him know that you and your group are praying for him and the needs of the school.
2. Find a contact person in the school [a teacher or secretary], who will be able to give you specific issues to pray about. [Book/prayer box]
3. Obtain a list, so you may pray for the teachers by name. Remember their birthdays.
4. Send a special note of thanks to your child's teacher.
5. Ask God to show you creative ways you can minister to teachers and staff.
6. Use special days [Christmas, Birthdays, Secretary's Day, Teacher's Day, etc.] as occasions for showing appreciation e.g. staff tea, etc.

Responsibilities of Group Leaders

1. Remember that God does not demand superior knowledge or ability, only availability and faithfulness. Leaders need to be under the guidance of a church.
2. Speak to the school principal. Introduce yourself and tell him about the ministry and what the prayer group plans to do. Hand over information leaflet. Request permission to meet at the school and agree on a venue. Keep in touch with the principal.
3. Make Mothers Who Care known in the school. Consider talking to staff members and mothers, and addressing the Scripture Union or SCA groups. Advertise the group meetings in school newsletters if permitted or send leaflets home with those attending SU or SCA. Insert note in church notices.
4. Communicate with mothers who wish to join and decide on a suitable day and time.
5. Obtain MWC manuals from your area co-ordinator and hand one to each group member. These may be copied. Go through the Four Spiritual Laws with group members at the beginning of the year and when a new member joins the group. [Spiritual Laws can be found on page 20]
6. Create a method for receiving prayer requests e.g. Book, Prayer box. Guard confidentiality.
7. Have a contact person in the school who supports the ministry and who is willing to liaise with the MWC group.
8. Try to be genuinely positive, encouraging and supportive in your dealings with the school and members of the prayer group. Aim to establish an atmosphere of trust, caring and mutual support within the group. Denominational differences should not be allowed to come between members or affect Christian unity.

Responsibilities

.....continued

9. Be alert to, and deal wisely with, interpersonal or personal issues, which may arise within the group. These must not be allowed to have a detrimental effect on the work or reputation of the group.
10. Speak to the Area coordinator if there are any challenges in your group. They have a well spring of experience in dealing with group dynamics - and will be more than happy to assist.
11. Receive newsletters and pass them on in the group. Collect contact details of members and send email addresses to Area Coordinator. Pass on information or requests received from co-ordinators.
12. Keep in touch with your area coordinator; input and suggestions are appreciated. Advise coordinator of changes of leadership and/or contact details.
13. Take responsibility for confidentiality. Emphasize the need for issues and information received to stay within the group and remind members to have respect for the private concerns of the people who have requested prayer.
14. Remember that MWC is not a lobbying group.
15. MWC groups might be asked to provide assistance in various ways.
16. Please remember that our primary focus is prayer. If members agree to serve in some way, this can be a wonderful witness.
17. Encourage members to attend Area Meetings and Combined Meetings, which alternate every term.
18. In the last term or earlier, decide who will lead the group for the following year and notify your coordinator of these details.

*Thank you for being willing.
Enjoy being used by God to bless your school!*

Four Spiritual Laws

The first of the Four Spiritual Laws is, "God loves you and has a wonderful plan for your life." John 3:16 tells us, "For God so loved the world that He gave His one and only Son, that whoever believes in Him shall not perish but have eternal life." **John 10:10** gives us the reason that Jesus came, "I have come that they may have life, and have it to the full." What is blocking us from God's love? What is preventing us from having an abundant life?

The second of the Four Spiritual Laws is, "Humanity is tainted by sin and is therefore separated from God. As a result, we cannot know God's wonderful plan for our lives." **Romans 3:23** affirms this information, "for all have sinned and fall short of the glory of God." **Romans 6:23** gives us the consequences of sin, "the wages of sin is death." God created us to have fellowship with Him. However, humanity brought sin into the world, and is therefore separated from God. We have ruined the relationship with Him that God intended us to have. What is the solution?

The third of the Four Spiritual Laws is, "Jesus Christ is God's only provision for our sin. Through Jesus Christ, we can have our sins forgiven and restore a right relationship with God." **Romans 5:8** tells us, "But God demonstrates His own love for us in this: While we were still sinners, Christ died for us." **1 Corinthians 15:3-4** informs us of what we need to know and believe in order to be saved, "...that Christ died for our sins according to the Scriptures, that He was buried, that He was raised on the third day according to the Scriptures..." Jesus Himself declares that He is the only way of salvation in **John 14:6**, "I am the way and the truth and the life. No one comes to the Father except through me." How can I receive this wonderful gift of salvation?

The Fourth of the Four Spiritual Laws is, "We must place our faith in Jesus Christ as Savior in order to receive the gift of salvation and know God's wonderful plan for our lives." **John 1:12** describes this for us, "Yet to all who received Him, to those who believed in His name, He gave the right to become children of God." **Acts 16:31** says it very clearly, "Believe in the Lord Jesus, and you will be saved!" We can be saved by grace alone, through faith alone, in Jesus Christ alone (**Ephesians 2:8-9**)

